

Team Advocacy Inspection for December 9, 2015

L&B Care Home

**Inspection conducted by Nicole Davis, P&A Team Advocate, Bethany Schweer, MSW Intern,
and Kristy Caldwell, Volunteer**

Facility Information

L&B Care Home is located in Saluda County at 924 Barr Woods Road, Saluda, SC 29138-8191. Team arrived at the facility at 10:20 AM and exited the facility at 1:09 PM. The administrator was present for the inspection. The facility is operated by Lesa L. Bledsoe and Faye Long. There were three staff members present when Team arrived; the administrator arrived approximately an hour after Team arrived. The facility is licensed for 24. The census was 24 with 22 residents being present on the day of Team's inspection. The DHEC license had an expiration date of July 31, 2016. An administrator's license was current and posted. The facility had a written emergency plan to evacuate to Butler Church, 165 Butler Church Road, Saluda, SC 29138.

Overview of Visit

During Team's visit we interviewed five residents; talked to residents and staff; reviewed six resident records, medications and medication administration records; and toured the facility. One resident did not want to be interviewed. Lunch was a substitution menu consisting of a hamburger patty, scalloped potatoes, green beans, fruit cocktail and diet coke. A substitution menu was not posted. Team conducted an exit interview with the administrator.

Report Summary

The most recent HVAC inspection was dated 7/23/14. The fire extinguishers were not monitored monthly. Several boards on the ramp were loose. The ramp also had exposed nails. On the deck, several sections of wood were missing. Two residents reported the facility was too cold, especially at night. The activities calendar was dated August 2015. Residents would like to do more in the community. Residents reported not participating in activities at the facility. One resident reported needing soap. Two residents reported needing dental exams. One resident reported needing a vision exam. One resident wore a shirt that was stained. One resident reported needing undergarments and shampoo. One resident reported needing pants that fit properly. Resident B had a prescription for Tramadol HCL 50mg tablet, take one tablet by mouth at bedtime. The controlled substance log showed three tablets remaining, there were four tablets remaining. Resident B also had a prescription for Paroxetine HCL 30mg tablet, take one tablet by mouth once a day. The MAR was not signed for the 8am administration on 12/9/15. Resident B had a prescription for Risperidone 1mg tablet, take one tablet by mouth at bedtime. The MAR was not signed for administration on 12/4/15. Resident C had a prescription for Divalproex SOD ER 500 mg tablet, take one tablet by mouth in the morning and two at bedtime; Olanzapine 20mg tablet, take one tablet by mouth at bedtime; and Proair HFA, use two puffs four times a day. The MAR was not signed for administration at 8pm on 12/4/15. Resident F had a prescription for

Perphenazine 4mg tablet, take one tablet by mouth three times a day and two at bedtime. The MAR was not signed for administration at 8pm on 12/4/15. Resident F also had a prescription for Acetaminophen 325mg tablet, take two tablets by mouth three times a day. The MAR was not signed for administration at noon on 12/8/15. Several items in the refrigerator and freezer were not properly labeled. A substitution menu was not posted. A special diets menu was not posted. The menu stated "see special diet instructions on back"; the back of the menu was blank. The individual care plan of several resident records reviewed noted residents as being continent. In contrast, monthly observation notes reported residents used incontinence supplies. Residents' ledgers also showed the expense of incontinent supplies. Some residents reported not receiving an allowance. Some residents reported only receiving \$5-\$10 at a time and would like that amount increased. Resident A's most recent personal funds ledger was dated August 2015. Resident B's most recent personal funds ledger was dated July 2015. Resident C's most recent personal funds ledger was dated July 2015. Resident D's most recent personal funds ledger was dated July 2015. Resident E's most recent personal funds ledger was dated July 2015. Resident F's most recent personal funds ledger was dated August 2015. The grass in the back yard was overgrown. There were several ant mounds in the yard. The gazebo included several wasp nests, weeds and a broken chair. There was an old washing machine and cardboard boxes in the backyard. Several showers were dirty and the bathroom did not have any hand soap. In the front of the facility, the bottom step was loose. The furniture in the sitting area was worn.

Areas of Commendation

- The facility has a large yard with a gazebo. Indoors there are several sitting areas.
- Team observed a good rapport between residents and staff.
- Residents described the facility as "good to me," "pretty good" and "it's all right."
- There was an adequate supply of food present.
- Residents described the food as "delicious" and "good food." Lunch smelled appetizing.
- The water temperatures were in the appropriate ranges.
- A current electrical and fire alarm inspection was available for review.
- A current TB risk assessment was available for review.
- Staff records contained current First Aid/CPR training. Necessary SLED checks were completed.
- Emergency evacuation routes were posted throughout the facility. Fire drills were completed monthly, on different shifts.
- Observation notes were completed monthly.
- Team observed cats and dogs at the facility. Pet vaccination records were current.

Areas Needing Improvement

Health/Safety

- The most recent HVAC inspection was dated 7/23/14.
- The fire extinguishers were not monitored monthly.
- Several boards on the ramp were loose. The ramp also had exposed nails.
- On the deck, several sections of wood were missing.

Supervision & Administrator

- No concerns noted.

Residents' Rights

- Two residents reported the facility was too cold, especially at night.

Recreation

- The activities calendar was dated August 2015.
- Residents would like to do more in the community.
- Residents reported not participating in activities at the facility.

Residents' Activities of Daily Living (ADLs)

- One resident reported needing soap.
- Two residents reported needing dental exams.
- One resident reported needing a vision exam.
- One resident wore a shirt that was stained.
- One resident reported needing undergarments and shampoo.
- One resident reported needing pants that fit properly.

Medication Storage and Administration

- Resident B had a prescription for Tramadol HCL 50mg tablet, take one tablet by mouth at bedtime. The controlled substance log showed three tablets remaining, there were four tablets remaining.
- Resident B also had a prescription for Paroxetine HCL 30mg tablet, take one tablet by mouth once a day. The MAR was not signed for the 8am administration on 12/9/15.
- Resident B had a prescription for Risperidone 1mg tablet, take one tablet by mouth at bedtime. The MAR was not signed for administration on 12/4/15.
- Resident C had a prescription for Divalproex SOD ER 500 mg tablet, take one tablet by mouth in the morning and two at bedtime; Olanzapine 20mg tablet, take one tablet by mouth at bedtime; and Proair HFA, use two puffs four times a day. The MAR was not signed for administration at 8pm on 12/4/15.
- Resident F had a prescription for Perphenazine 4mg tablet, take one tablet by mouth three times a day and two at bedtime. The MAR was not signed for administration at 8pm on 12/4/15.
- Resident F also had a prescription for Acetaminophen 325mg tablet, take two tablets by mouth three times a day. The MAR was not signed for administration at noon on 12/8/15.

Meals & Food Storage

- Several items in the refrigerator and freezer were not properly labeled.
- A substitution menu was not posted.

- A special diets menu was not posted. The menu stated “see special diet instructions on back”; the back of the menu was blank.

Resident Records

- The individual care plan of several resident records reviewed noted residents as being continent. In contrast, monthly observation notes reported residents used incontinence supplies. Residents’ ledgers also showed the expense of incontinent supplies.

Resident Personal Needs Allowances

- Residents reported not receiving an allowance. [Note: The administrator reported not being current with distributing funds and updating the ledgers due to the program she used on her computer not working properly.]
- Some residents reported only receiving \$5-\$10 at a time and would like that amount increased. [Note: The ledgers of residents requesting an increase did show a positive balance available, making the request possible.]
- Resident A’s most recent personal funds ledger was dated August 2015.
- Resident B’s most recent personal funds ledger was dated July 2015.
- Resident C’s most recent personal funds ledger was dated July 2015.
- Resident D’s most recent personal funds ledger was dated July 2015.
- Resident E’s most recent personal funds ledger was dated July 2015.
- Resident F’s most recent personal funds ledger was dated August 2015.

Appropriateness of Placement

- No concerns noted.

Personnel Records

- No concerns noted.

Housekeeping, Maintenance, Furnishings

- The grass in the back yard was overgrown.
- There were several ant mounds in the yard.
- The gazebo included several wasp nests, weeds and a broken chair. [Note: Team did not observe any wasp activity.]
- There was an old washing machine and cardboard boxes in the backyard.
- Several showers were dirty and the bathroom did not have any hand soap.
- In the front of the facility, the bottom step was loose.
- The furniture in the sitting area was worn.

Additional Recommendations

- Two residents would like to work.
- Three residents would like to move.
- One resident would like a clock for the bedroom.

Please Note: Residents listed in the report are assigned random gender identification. This is for the purpose of making the report easier to read. However, the gender does not identify the individuals in the report.